

Breath & Beats – The Cultural Fiesta of RESCARE 2026

Guidelines for the Cultural Competition

- Teams interested in participating in the Cultural Competition of RESCARE 2026 may register by completing the Google Form available on the conference website (<https://www.iarc.in/rescare/>).
- Each participating institution may register only one team, comprising a minimum of 10 and a maximum of 15 participants.
- **Note:** All participants must be registered for **RESCARE 2026**.
- The theme of the competition is **Open Theme**, allowing teams complete creative freedom in conceptualising and presenting their performance.
- Each team will be allotted **15 minutes**, which includes **stage setup and performance**. A warning bell will be given 2 minutes before the allotted time concludes. Exceeding the time limit may result in negative marking or disqualification at the organising committee's discretion.
- The performance may comprise one or a combination of singing, (eastern, western, folk) dancing, mime, skit/drama, emceeing (MC).
- Teams are encouraged to present an original, creative, and engaging performance. The content should uphold decency and respect towards all individuals, communities, cultures, religions, and institutions.
- Any performance containing vulgarity, obscenity, abusive language, hate speech, or offensive content will be liable for disqualification.
- **The last date for team registration is 15th September 2026.** No registrations will be accepted after the deadline.
- Background music, display or audio tracks must be submitted in **MP3 format on or before 25th September 2026**, as per the organisers' instructions. Teams are advised to carry a backup copy of their audio files on a USB drive.
- Costumes and hand-held props are permitted; however, they should be easy to set up and remove within the allotted time.

- The use of fire, fireworks, smoke effects, hazardous chemicals, sharp weapons, explosives, or live animals is strictly prohibited. Any damage caused to the venue or equipment due to negligence shall be the responsibility of the participating institution.
- Teams must report to the **backstage area at least 60 minutes before** their scheduled performance. Failure to report on time may result in forfeiture of the performance slot. No additional rehearsal or sound check will be provided unless specifically arranged by the organisers.
- The performances will be judged based on creativity, stage presentation, performance quality, audience engagement and overall impact.
- The **decision of the judges and the organising committee shall be final and binding**. The organising committee reserves the right to modify the schedule or rules whenever necessary. Any act of indiscipline, misconduct, or violation of the rules may lead to disqualification.
- Participants are expected to maintain decorum, uphold the spirit of healthy competition, and ensure that their performance does not disrupt the smooth conduct of the event.
- The organising committee shall not be responsible for the loss or damage of participants' personal belongings.
- Participation in the competition shall be deemed as **acceptance of all the above guidelines and rules**.